

**Yes, I am interested in being a mentor
to a John Muir High School student:**

Name:

Phone:

Cell:

Email:

The best way to reach me is by:

Phone Cell Email

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
--------------------------	--------------------------	--------------------------

**I would like information about the
mentoring agencies checked below:**

- Catholic Big Brothers Big Sisters
- College Access Plan
- Lake Avenue Community Foundation
- Mentoring and Partnership for Youth Development
- YWCA Pasadena-Foothill Valley

I would like to work with:

(Mentoring Agency)

Mail or Fax to:

**Lisa Wilson
Flintridge Operating Foundation
1040 Lincoln Avenue, Ste. 100
Pasadena, CA 91103
Fax: 626/585-0011**

**OR sign up online at
<http://MustangMentoring.org>**

Mustangs Mentoring Program is a collaboration involving:

Pasadena Unified School District
www.pusd.us

Flintridge Operating Foundation
www.flintridge.org

Mentoring Agencies

Catholic Big Brothers Big Sisters
www.catholicbigbrothers.org

College Access Plan
www.collegeaccessplan.org

Lake Avenue Community Foundation
www.lakeavefoundation.org

Mentoring and Partnership for Youth Development
www.mpyd.org

YWCA Pasadena-Foothill Valley
www.ywca.org/site/pp.asp?c=adJEJKPwB&b=124460

Mentor Referral Agencies

All Saints Church
www.allsaints-pas.org

Black Male Forum

El Centro de Acción Social
www.elcentropasadena.org

Leadership Pasadena
www.leadershippasadena.org

**and other community-
and faith-based organizations.**

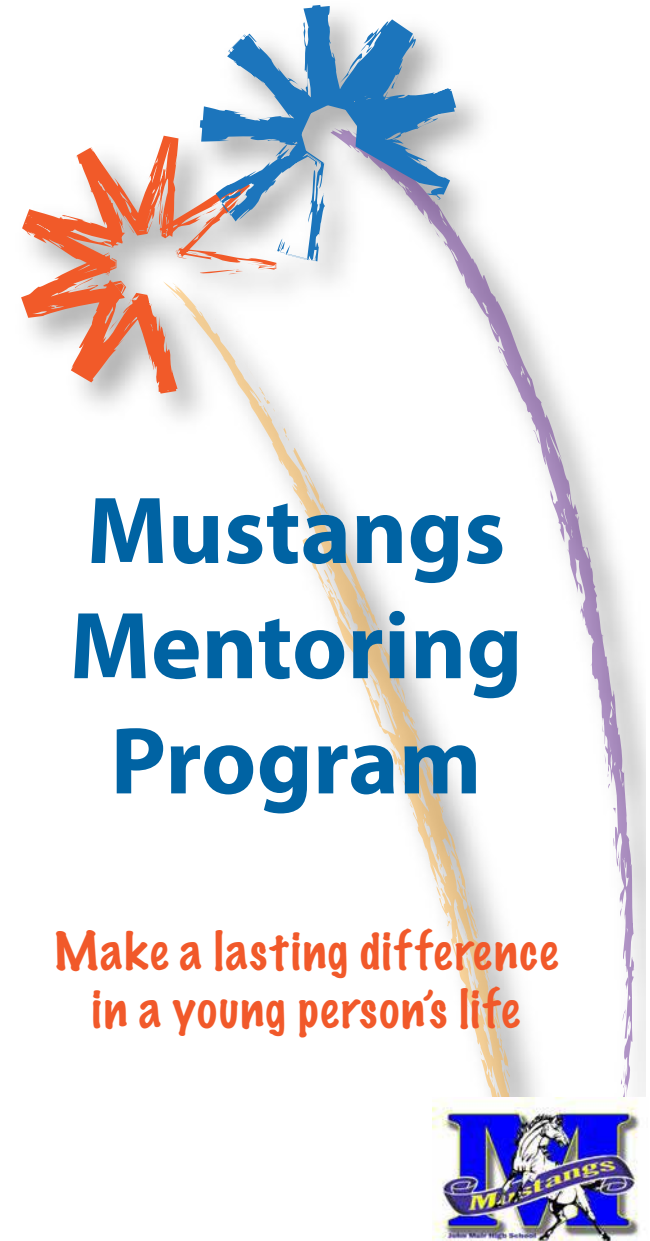
Student Recruitment & Activities

Mustangs on the Move
www.flintridge.org/commserv/mustangs.html

**For more information,
please contact:**

Lisa Wilson
Flintridge Operating Foundation
626/449-0839, ext. 116 fax 626/585-0011
Lisa@Flintridge.org

1040 Lincoln Avenue, Ste. 100
Pasadena, CA 91103
www.Flintridge.org



Mustangs Mentoring Program

Volunteer mentors are needed to provide support and guidance to incoming freshmen attending John Muir High School.

WHY BE A MENTOR?

You can make a significant contribution to the life of a young person.

Mentors offer encouragement to keep students motivated and focused on their education.

Mentors serve as positive role models and help young people fulfill their potential.

A one-on-one relationship between a teen and a caring adult can be a life transforming experience for both.

WHAT DO MENTORS DO?

Mentoring sessions may be spent:

- Going over homework
- Playing educational games
- Engaging in conversation
- Enjoying positive activities

Mentors help teens see themselves in a more self-affirming light and improve their attitude about the importance of education, as well as their performance and behavior in school. The young person's needs and interests are the mentor's primary consideration.

WHAT IS REQUIRED OF MENTORS?

A mentor must commit to meet regularly with the student for a minimum of five hours per month for at least 12 months.

Meetings take place at a mutually convenient location.

All mentors must go through a screening process that includes an application, intake procedures, background check and a program orientation.

Mentors will receive training and ongoing support by the mentoring agencies in the collaboration.

Mentors respect a student's privacy and regard personal information as confidential, unless it is something dangerous to the student or someone else.

ARE YOU A POTENTIAL MENTOR?

Successful mentors:

- Enjoy doing things with young people.
- Help youth acquire knowledge, information and skills.
- Want to boost youth's self-esteem and build their self-confidence.
- Listen to youth's ideas and concerns and express belief in their abilities.
- Introduce youth to new people, places, interests or ideas.
- Encourage youth to set goals and plan how to reach them.
- Support youth in thinking about career choices.

<http://MustangMentoring.org>

